Cognizant Names Maureen Breakiron-Evans to Board of Directors

Cognizant (NASDAQ: CTSH), a leading provider of consulting, technology, and business process outsourcing services, today announced that Maureen Breakiron-Evans has been elected to its Board of Directors and will serve on the Company's Audit Committee.

Francisco D'Souza, President and Chief Executive Officer of Cognizant, commented, "We are delighted to welcome Maureen Breakiron-Evans to Cognizant's Board of Directors. Maureen is a proven leader with deep financial knowledge and expertise. Her experience and strategic insight will be a valuable asset as Cognizant continues to expand our growth platform in the coming years."

Ms. Breakiron-Evans, age 55, served as Chief Financial Officer of Towers Perrin from January 2007 until April 2008, and as Vice President and General Auditor of CIGNA Corporation from February 2005 until October 2007, where she was responsible for managing the enterprise risk management and internal audit functions. Ms. Breakiron-Evans served as Executive Vice President and Chief Financial Officer at Inovant, LLC, which is Visa's captive technology development and transaction processing company, from 2001 to 2004. Prior to that, Ms. Breakiron-Evans held several positions at Transamerica Corporation in San Francisco including Vice President and General Auditor, Vice President of Control and Services, and President of Transamerica Business Technologies Corp. Ms. Breakiron-Evans began her career as a financial auditor, ultimately serving as an Audit Partner with Arthur Andersen & Co.

Ms. Breakiron-Evans received a BBA from Stetson University, an MBA from Harvard Business School, and an MLA from Stanford University. She is also a certified public accountant in the State of California.

With her election, Cognizant's Board of Directors now consists of eight directors, six of whom are independent under NASDAQ's rules.

About Cognizant

Cognizant (NASDAQ: CTSH) is a leading provider of information technology, consulting, and business process outsourcing services. Cognizant's single-minded passion is to dedicate our global technology and innovation know-how, our industry expertise and worldwide resources to working together with clients to make their businesses stronger. With more than 50 global delivery centers and approximately 63,700 employees as of March 31, 2009, we combine a unique onsite/offshore delivery model infused by a distinct culture of customer satisfaction. A member of the NASDAQ-100 Index and S&P 500 Index, Cognizant is a Forbes Global 2000 company and a member of the Fortune 1000 and is ranked among the top information technology companies in BusinessWeek's Hot Growth and Top 50 Performers listings. Visit us online at www.cognizant.com.

Forward-Looking Statements

This press release includes statements which may constitute forward-looking statements made pursuant to the safe harbor provisions of the Private Securities Litigation Reform Act of 1995, the accuracy of which are necessarily subject to risks, uncertainties, and assumptions as to future events that may not prove to be accurate. Factors that could cause actual results to differ materially from those expressed or implied include general economic conditions and the factors discussed in our most recent Form 10-K and other filings with the Securities and Exchange Commission. Cognizant undertakes no obligation to update or revise any forward-looking statements, whether as a result of new information, future events, or otherwise.

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